

# GROUND ZERO LEADERSHIP

## PERFORMANCE DISCIPLINE AND MINDSET MASTERY

Ground zero for every leader is self-mastery. As leaders we must first learn to influence ourselves before we can effectively influence others and foster a mutually beneficial atmosphere of trust and respect. We will teach you how to have an internal identity that calms the storms of life and how to take control of your thoughts, feelings and attitudes, especially under pressure.

Upon a strong foundation of character and integrity you will add critical thinking, emotional intelligence, and communication skills that will take your leadership to the next level. You will find these skills also reduce the negative effects of stress in your life, help you communicate more effectively, and deal with difficult people, all while building stronger working relationships that lead to higher performance for you and your organization.



## ABOUT US

The Get Warrior Tough Program provides coaching and consulting services that focus on personal and organizational excellence through practical performance discipline and mindset mastery.

### OUR SERVICES

- |                    |                           |
|--------------------|---------------------------|
| On-site training   | Organizational Consulting |
| Follow-up Coaching | Keynote Speaking          |
| Train the Trainer  | Executive Coaching        |

### LEADERSHIP OBJECTIVES

- Build strong working relationships
- Cultivate high-performing teams
- Foster more effective communication
- Learn how to motivate high-performing team members
- Foster a mutually beneficial atmosphere of trust and respect
- Develop effective crisis and conflict management skills
- Develop highly collaborative teams
- Engage employees and execute your strategic plan
- Manage stress and avoid burnout

### CONTACT US

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**Andrew D. Wittman, PhD** has been teaching Leadership and Mental Toughness for over 25 years.

Andrew is a United States Marine Corps infantry combat veteran and a former police officer and federal agent. As a security contractor for the State Department, Andrew taught high-threat diplomatic security to former Navy SEALs, Marines, Rangers, and Special Forces.

Andrew was the Special Agent in Charge of Nancy Pelosi’s security detail, and Joe Lieberman’s lead advance agent, and he has personally protected Hillary Clinton, King Abdullah of Jordan, Benjamin Netanyahu, the Prime Minister of Israel, Fortune 20 CEOs and Sir Elton John.

Andrew having returned from working in Afghanistan, the Middle East, and Kosovo, speaks/trains/consults for corporations worldwide and is the author of *Ground Zero Leadership: CEO of You*. He is a guest lecturer on the topics of Mental Toughness and Critical Thinking at Clemson University, co-hosts the national radio call-in show “Get Warrior Tough”, and holds a Ph.D. in Theological Studies.

